

Defining and Achieving Success Through Leadership Coaching

Are you interested in:



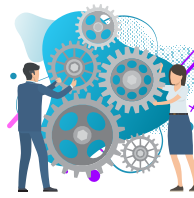
Working with a coach to help ensure your values, passions and strengths are showing up at work?



Identifying self-limiting thoughts and behaviours?



Building a plan to leverage your strengths and increase your resiliency?



Bouncing plans, goals and outrageous ideas off a thought-partner who is invested in you?



Exploring how to increase teamwork and collaboration through making space for conversations that matter?



Then this opportunity to work with a confidential leadership coach may be just what you need!

The BCEEa is partnering with former long-time BC Public Service employee and certified executive coach, [Karen Fudge-Jensen](#) to provide **six** BCEEa members with the opportunity to work with Karen in a coaching relationship. Coaching, as a professional development activity, involves a 4–5-month commitment period with sessions held every three weeks via Zoom or phone.

Here's how this offer works:

1. Learn more by reviewing the [background information](#).
2. If you are ready to take the next step in your development, complete the [Online Intake Form](#).
3. Liz and Karen will review intake forms and develop a list of approved BCEEa members. Either Liz or Karen may reach out to you during this process to gather more information.
4. Once you are accepted for this opportunity, Karen will contact you with additional details.
5. You will receive 7 coaching sessions including an in-depth initial conversation about what coaching is and how you will benefit.

Quotes (combination of what has been said by previous BCEEa offers, and what Karen's clients have said):

"This, ultimately, has helped me strengthen my leadership skills in an uncertain environment"

"This awesome coaching experience built my confidence and leadership capacity and supported me to contribute to the goals of my organization and also to enhance my career when opportunities arise"

"...I came out of our sessions with a bunch of new tools in my toolbox and a different perspective on some issues here at work that had precipitated me reaching out for coaching in the first place"

"Karen asks great questions! These helped me understand how I was standing in my own way"